

# Iowa Federation of Families for Children's Mental Health

## Children's Mental Health News December 11, 2007

Iowa Federation of Families for Children's Mental Health is the statewide family advocacy organization that assists families who have children and youth with mental, emotional, behavioral and social health issues. Our mission is to ensure all these children and families receive coordinated, individualized, strength-based care and supports. We provide families across the state of Iowa with written informational materials, Information and Referral services, many different types of trainings, and legislative advocacy. Most of all, we offer families a non-judgmental support system. Families, professionals and others may access our services by calling our toll-free number (888) 400-6302, or visiting our website at [www.iffcmh.org](http://www.iffcmh.org).



## Children's Mental Health & Awareness Week May 4-10, 2008



## Children's Mental Health Matters

May is Mental Health Month. The Federation of Families for Children's Mental Health again declares the first full week in May, May 4-10, 2008 as National Children's Mental Health Awareness Week.

National Children's Mental Health Awareness Day (Awareness Day) is a day for SAMHSA and the initiatives and communities it supports to promote positive youth development, resilience, recovery, and the transformation of mental health services delivery for children and youth with serious mental health needs and their families. Awareness Day raises awareness of effective programs for children's mental health needs, demonstrates how children's mental health initiatives promote positive youth development, recovery and resilience, and shows how children with mental health needs thrive in their communities. Awareness Day will be held on Tuesday, May 8th, 2007.

Information and Resources regarding Children's Mental Health & Awareness Week are available at [www.iffcmh.org](http://www.iffcmh.org) then click on the Children's Mental Health Week resources.

**Enjoy all of the resources attached.**



**For many parents who are raising children and youth with mental, emotional and behavioral disorders it is very hard to find resources, training, services or someone to talk to that understands what they are going through. For over 10 years Iowa Federation of Families for Children's Mental Health has provided families and providers that service. Please use the below form to send in your donation.**

# HELP SUPPORT IOWA FEDERATION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH

Yes, I would like to help children and adolescents with special mental health needs and their families. Enclosed is my gift of:

\$25.00    \$50.00    \$75.00    \$100.00    \$500.00    Other \$ \_\_\_\_\_

or go to <http://www.iffcmh.org/donateform.htm>

Your Name \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

County of Residence \_\_\_\_\_

Optional:

Parent/Family Member \_\_\_\_\_ Professional \_\_\_\_\_

Both \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Please make checks payable to:

Iowa Federation of Families for Children's Mental Health

106 South Booth

Anamosa, Iowa 52205

If you would like to dedicate this gift, please specify:

In Honor of    In Memory of

\_\_\_\_\_

\_\_\_\_ Please add my name to your mailing list to receive newsletters and training/conference information.

Thank you for your generosity.

**Your gift is tax-deductible to the full-extent of the law. Iowa Federation of Families for Children's Mental Health is a not-for-profit 501(c)3 organization.**